



Good Food Cardiff

Autumn Festival

12th September - 18th October 2020

Ideas for events you can run

The Autumn Festival is a collection of Covid-safe virtual and physically-distant events throughout the city.

We are suggesting that events are run under three themes - Growing, Cooking and Sharing - and, of course, you can combine any or all of these three.

Groups can run large events (up to 200 people), small events (for up to 35 people) or online events (which work best for up to 12 people).

To set you thinking, here are some ideas for events that would work really well as part of the Autumn Festival:

Produce swaps

This is a very flexible event format - which could be large or small - where people are invited to swap the produce that they have grown. Often, this also includes sharing plants and seeds or swapping tools and equipment. While people are together for the swaps, it is also an opportunity to offer workshops so people can pick up new skills.

Communal meals

These work well for smaller community groups, where food can be prepared safely in a kitchen with a Food Hygiene Rating. People donate produce that they have grown or bought locally, they are cooked by members of the community and enjoyed as a shared meal.



Neighbourhood picnic

This is a good option for bringing neighbours together and meeting new people in your area. It could be in a local park, shared garden or set up in a side street or back lane. You could even call on talented neighbours to put on some music or entertainment.

Everyone brings their own food and drink and there's no sharing of food, crockery or cutlery.

Plant trail

A plant trail is a good way to get lots of people involved in an event while maintaining physical-distancing - people can follow the trail in household groups at staggered times. You create a map of the local area with a set route that people can follow and harvest ingredients along the way. This might include community gardens, allotments, private gardens or foraging spots. Encourage people to share pictures and recipe ideas from the meals they make with the produce.

Community garden open days

Community gardens can open up for small groups of people to help with their autumn harvest or to pick up plants or seeds for winter produce. If space allows, there is also the opportunity to run workshops or skills-sharing sessions.

Online workshops

As events moved online during lockdown, many more people are now comfortable using tools like Zoom, Teams and Google Meet. Setting up an online event is easy to do and sessions can be recorded and shared to reach a wider audience. If you're more comfortable using social media - you could try using Facebook or Instagram Live for your event. Ideas for online workshops which you could run include: what to plant in autumn, how to save seeds or cooking with autumn produce.

